Appl. No. 10/659,244 Amdt. dated March 15, 2005 Reply to Office action of February 24, 2005

## Amendments to the Specification:

Please replace the Abstract of the Disclosure with the following amended Abstract:

A ring capable of being worn on a body part for human adornment, having a triangular cross section wherein the sides of the triangular cross section are formed by a single continuous, endless surface, and the vertexes of the triangular cross section are formed by a single continuous, endless ridge that acts as an internal thread that is capable of being used to screw or unscrew the ring from the body part.